BlueCross BlueShield of South Carolina and BlueChoice[®] HealthPlan of South Carolina

October 2024 Medical Policy Updates

BlueCross BlueShield of South Carolina and BlueChoice HealthPlan frequently revise the medical policies we use to make clinical determinations for a member's coverage. Here are medical policies that have been updated or newly added. A revision history for each policy is included. Please visit the Medical Policies pages of <u>www.SouthCarolinaBlues.com</u> and <u>www.BlueChoiceSC.com</u> regularly to stay informed of these changes and to read any policy in its entirety.

| Policy Number | Policy Name | Recent Changes |
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| CAM 151 | Quantose Impaired Glucose Tolerance (IGT) Test | ARCHIVED |
| CAM 264 | Vectra DA Blood Test for Rheumatoid Arthritis | ARCHIVED |
| CAM 201108 | High Intensity Laser Therapy for Chronic Musculoskeletal Pain Conditions and Bell's Palsy | ARCHIVED |
| CAM 90323 | Intravitreal and Intracanalicular Corticosteroid Implants | Reformatting policy verbiage to be brand name neutral. No other changes to policy intent. |
| CAM 20143 | Chronic Intermittent Intravenous Insulin Therapy (CIIIT) | Annual review, no change to policy intent. Updating rationale and references. |
| CAM 20191 | Peroral Endoscopic Myotomy for Treatment of Esophageal Achalasia | Interim review adding policy statement: Gastric peroral endoscopic myotomy is investigational and unproven and therefore considered not medically necessary as a treatment for gastroparesis. Also updating Rationale and References. |
| CAM 30301 | Digital Health Technologies: Diagnostic Applications | Annual review, no change to policy intent. Updating rationale and references. |
| CAM 80106 | Oncologic Applications of Photodynamic Therapy, Including Barrett Esophagus | Annual review, no change to policy intent. Updating rationale and references. |
| CAM 80157 | Baroreflex Stimulation Devices | Annual review, no change to policy intent. |
| CAM 80159 | Intensity-Modulated Radiotherapy: Central Nervous System Tumors | Annual review, no change to policy intent. Updating rationale and references. |
| CAM 90312 | Ocular Photoscreening in the Primary Care Physician's Office as a Screening Tool To Detect Amblyogenic Factors | Annual review, no change to policy intent. |
| CAM 100105 | Ambulance and Medical Transport Services | Annual review, No change to policy intent. |

| CAM 701158 | Balloon Dilation of the Eustachian Tube | Interim review to add "or" in the bullet points related to abnormal tympanogram (type B or C) and Abnormal tympanic membrane (retracted membrane, effusion, perforation, or any other abnormality identified on exam). |
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| CAM 385 | Orthopedic Implants | Annual review, no change to policy intent. |
| CAM 10128 | Postsurgical Home Use of Limb Compression Devices for Venous Thromboembolism Prophylaxis | Adding E0683 |
| CAM 20138 | Transesophageal Endoscopic Therapies for Gastroesophageal Reflux Disease | Annual review, no change to policy intent. Updating guidelines. |
| CAM 20153 | Biofeedback for Miscellaneous Indications | Annual review, no change to policy intent. Updating regulatory status, rationale and references. |
| CAM 20183 | Interventions for Progressive Scoliosis | Adding L1006 effective 10/01/2024 |
| CAM 40119 | Laparoscopic, Percutaneous and Transcervical Techniques for Uterine Fibroids Myolysis | Annual review, no change to policy intent. Updating rationale and references. |
| CAM 50116 | Intravenous Anesthetics for the Treatment of Chronic Pain and Psychiatric Disorders | Adding J2002, J2003, J2004, and Delete J2001 |
| CAM 60118 | Scintimammography and Gamma Imaging of the Breast and Axilla | Annual review, no change to policy intent. Updating rationale and references. |
| CAM 701105 | Balloon Ostial Dilation for Treatment of Chronic and Recurrent Acute Rhinosinusitis | Annual review, no change to policy intent. Updating regulatory status, rationale and references. |
| CAM 701149 | Amniotic Membrane and Amniotic Fluid | Adding codes Q4334-Q4345 |
| CAM 70195 | Radiofrequency Ablation of Miscellaneous Solid Tumors Excluding Liver Tumors | Annual review, no change to policy intent. Updating rationale and references. |
| CAM 80102 | Chelation Therapy for Off-Label Uses | Annual review, no change to policy intent. Updating rationale and references. |
| CAM 80158 | Intracavitary Balloon Catheter Brain Brachytherapy for Malignant Gliomas or Metastasis to the Brain | Annual review, no change to policy intent. Updating rationale and references. Updating code E0721 & A4543 |
| CAM 109 | Preventive Services for Non-Grandfathered (PPACA) Plans: Immunizations | Updated 90656 verbiage |
| CAM 307 | Testing for Colorectal Cancer Management | Annual review, adding new coverage statement #4 for clarity and consistency. Updating note to direct reader to CAM 235. Also updating rationale, references, and the last entry in the table of terminology. |

| CAM 20219 | Catheter Ablation as Treatment for Atrial Fibrillation | Annual review, no change to policy intent. |
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| CAM 80145 | Intracavitary Balloon Catheter Brain Brachytherapy for Malignant Gliomas or Metastasis to the Brain | Annual review, no change to policy intent. Updating rationale and references. |
| CAM 20179 | Non-Contact Ultrasound Treatment of Wounds | Annual review, no change to policy intent. Updating rationale and references. |
| CAM 60133 | Wireless Capsule Endoscopy for Gastrointestinal (GI) Disorders | Annual review, no change to policy intent. Updating rationale and references. |
| CAM 70114 | Open and Thoracoscopic Approaches To Treat Atrial Fibrillation and Atrial Flutter (Maze and Related Procedures) | Annual review, no change to policy intent. Updating references. |
| CAM 70172 | Percutaneous Intradiscal Electrothermal Annuloplasty, Radiofrequency Biacuplasty | Interim review to remove code 64628 as that code is now addressed in CAM 394. |
| CAM 70180 | Hip Resurfacing | Annual review, no change to policy intent. Updating rationale and references. |
| CAM 166 | General Genetic Testing, Germline Disorders | Moving review date to 01/01/2025. |
| CAM 167 | General Genetic Testing, Somatic Disorders | Moving annual review to January 2025. |
| CAM 236 | Therapeutic Drug Monitoring for 5- Fluorouracil | Moving annual review to January 2025. |
| CAM 276 | Genetic Testing for Inherited Cardiomyopathies and Channelopathies | Moving annual review to January 2025. |
| CAM 293 | Pancreatic Cancer Risk Testing Using Pancreatic Cyst Fluid | Moving annual review to January 2025. |
| CAM 134 | Diagnostic Testing of Influenza | Annual review, no change to policy intent. Updating table of terminology, rationale, references and reorganizing coding. |
| CAM 176 | Telehealth | Annual review, no change to policy intent. |
| CAM 193 | Biomarkers for Myocardial Infarction and Chronic Heart Failure | Annual review, no change to policy intent. Updating rationale and references. |
| CAM 200 | Folate Testing | Annual review, no change to policy intent. Updating rationale and references. |
| CAM 317 | In Vitro Chemoresistance and Chemosensitivity Assays | Annual review, no change to policy intent. Updating rationale, references and coding. |

| CAM 319 | Nerve Fiber Density Testing | Annual review, no change to policy intent. Updating rationale and references. |
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| CAM 316 | Fecal Analysis in the Diagnosis of Intestinal Dysbiosis and Fecal Microbiota Transplant Testing | Annual review, no change to policy intent, but, policy verbiage edited for clarity and consistency. Also updating rationale and references. |
| CAM 321 | Epithelial Cell Cytology in Breast Cancer Risk Assessment and High-Risk Patient Management | Ductal Lavage and Suction Collection Systems) (Annual review, no change to policy intent. Updating rationale and references. |
| CAM 701136 | Radiofrequency Ablation of the Renal Sympathetic Nerves as a Treatment for Uncontrolled Hypertension | Annual review, title, description, background, rationale, references and regulatory status updated. Policy continues to maintain a not medically necessary position, but, has had resistant hypertension removed and addresses uncontrolled hypertension. |
| CAM 218 | Pharmacogenetic Testing | Updated coding section. Added new codes 0476U, 0477U and 0516U to be effective 10/01/2024. No other changes made. |
| CAM 017 | Contraceptive Management | Annual review, no change to policy intent. |
| CAM 045 | Suit Therapy | Annual review, no change to policy intent. |
| CAM 015 | Influenza Vaccine | Updating coding verbiage for 90656. |
| CAM 358 | Prenatal Screening (Genetic) | Updated CPT coding. Added codes 0488U, 0489U and 0494U (effective 10/01/2024). No change in policy intent. |
| CAM 071 | Concurrent Care | Annual review, no change to policy intent. |
| CAM 192 | Serum Testing for Evidence of Mild Traumatic Brain Injury | Annual review, no change to policy intent. Updating table of terminology, rationale and references. |
| CAM 198 | Pancreatic Enzyme Testing for Acute Pancreatitis | Annual review, policy being updated for clarity and consistency. Criteria #6 addresses all issues not covered din the first 5 criteria as being not medically necessary. Also updating Note 1, rationale and references, and table of terminology. |
| CAM 20135 | Paraspinal Surface Electromyography to Evaluate and Monitor Back Pain | Annual review, no change to policy intent. |
| CAM 206 | Urine Culture Testing for Bacteria | Annual review, no change to policy intent. Updating rationale and references. |
| CAM 303 | Identification of Microorganisms Using Nucleic Acid Probes | Annual review, updating policy, coverage for M. genitalium has been moved to another policy. Coverage for Herpes virus 6 has been changed to not medically necessary. Also updating table of |

| | | terminology, rationale and references. 87563 removed. |
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| CAM 308 | Testing for Alpha-1 Antitrypsin Deficiency | Annual review, updating policy to include "one in a lifetime" statement, providing examples of unexplained liver disease, coverage of neonatal cholestasis. Also updating table of terminology, rationale and references. |
| CAM 315 | Celiac Disease Testing | Annual review, no change to policy intent. Updating table of terminology, rationale and references. |
| CAM 316 | Fecal Analysis in the Diagnosis of Intestinal Dysbiosis and Fecal Microbiota Transplant Testing | Annual review, no change to policy intent, but, policy verbiage edited for clarity and consistency. Also updating rationale and references. |
| CAM 323 | Immunopharmacologic Monitoring of Therapeutic Serum Antibodies | Annual review, policy for clarity and consistency. Updating rationale and references. |
| CAM 324 | Biomarker Testing for Multiple Sclerosis and Related Neurologic Diseases | Annual review, no change to policy intent. Updating table of terminology, rationale and references. |
| CAM 328 | Bone Turnover Markers Testing | Annual review, no change to policy intent. Updating rationale and references. |
| CAM 330 | Metabolite Markers of Thiopurines Testing | Annual review, no change to policy intent. Updating rationale, references and coding. |
| CAM 335 | Biochemical Markers of Alzheimer Disease and Dementia | Annual review, updating policy to include a positive position statement for testing CSF in individuals with Alzheimer disease or mild cognitive impairments. Also updating table of terminology, rationale and references. |
| CAM 701104 | Subtalar Arthroereisis and Subtalar Joint Implant | Annual review, no change to policy intent. |
| CAM 701163 | Absorbable Nasal Implant for Treatment of Nasal Valve Collapse | Annual review, no change to policy intent. |
| CAM 90313 | Retinal Telescreening for Diabetic Retinopathy | Annual review, no change to policy intent. Updating rationale and references #11 and #19. |
| CAM 90322 | Endothelial Keratoplasty | Annual review, no change to policy intent. Updating rationale and references. |